

Health Department Services

Adult Health Promotion

Monthly blood pressure screening, risk factor assessment, and health education

Long Beach Island Health Department
2nd Wednesday --10:00AM -11:00AM

Beach Haven Borough Hall
1st Monday --10:00AM -11:00AM

Long Beach Island Branch of the Ocean
1st Tuesday --11:00AM -12 noon

Harvey Cedars Borough Hall
3rd Tuesday --9:30AM -10:30AM

Barnegat Light Borough Hall
3rd Tuesday --11:00AM -12 noon

Safe Syringe Disposal

Used syringes or lancets may be dropped off at the Long Beach Island Health Department office by appointment. Place syringes in a small rigid container with well fitting lid, preferably a 1 pound coffee can. Do not leave outside unattended.

Adult Immunizations

Routine, Travel, College, Employment
Td, Tdap, Pneumococcal,
Hepatitis A & B, Seasonal Flu



Smoke Free Parks & Beaches

Long Beach Township

Bayview Park (68th Street & Bay)

Ship Bottom

10th Street Waterfront Park
Beach Arlington Park & Bay Beach (13th-16th St. & Bay)

Surf City

Zacharia Park (Division Street)
Bay Bathing Beach (16th-18th Street & Bay)

Beach Haven

Nelson Avenue Park (Nelson & West Aves.)
William L. Butler Park (Taylor Ave. & Bay)

Harvey Cedars

Sunset Park (West Salem Ave.)

For emergency notifications tune to:



Comcast Channel 22



AM 1650

For free community alerts to your cell phone:



Text your ZIP CODE to 888777



Long Beach Island Visitor's Guide to Health Resources



Long Beach Island Health Department
11601 Long Beach Blvd.
Haven Beach, NJ 08008

Long Beach Township

Beach Haven

Ship Bottom

Surf City

Harvey Cedars

Barnegat Light

Phone (609) 492-1212
www.lbihealth.com

Supported by:
Long Beach Island
Municipal Alliance
www.lbima.org



Public Health
Prevent. Promote. Protect.

Physicians

Immediate Medical Care

901 Long Beach Blvd, Ship Bottom
609-361-2677

Island Medical

1812 Long Beach Blvd, Ship Bottom
609-494-2323

Long Beach Island Medical Center

382 W. 9th Street, Ship Bottom
609-361-7100

Ocean Medical

3003 Long Beach Blvd, Beach Haven Gardens
609-492-0900

Pharmacies

CVS

9th & Barnegat Ave., Ship Bottom
609-361-8534

Surf City Pharmacy

6th & Long Beach Blvd., Surf City
609-494-5800

Kapler's Pharmacy

Bay Ave. & Centre St., Beach Haven
609-492-9221

Hospitals & Urgent Care

Southern Ocean Medical Center

1140 Route 72 West, Manahawkin
609-978-8900

Manahawkin Urgent Care

712 E Bay Ave, Suite 22B, Manahawkin
609-978-0242

Fitness *seasonal

Lyceum Health and Fitness Club

265 W 8th St., Ship Bottom
609-494-4393

Elite Fitness

12904 Long Beach Blvd., North Beach Haven
609-492-9300

*LBI Foundation of the Arts and Sciences

120 Long Beach Blvd., Loveladies
609-494-1241

*Ship Bottom Firehouse Group Fitness Program

20th and Long Beach Blvd., Ship Bottom
609-494-1601

*Devotion Yoga, LBI

2705 Long Beach Boulevard, Ship Bottom
609-494-1604

*Yoga Nine

2512 S. Long Beach Blvd., Ship Bottom
609-494-9299

*Beach Haven Elementary School Yoga

8th & Beach Ave, Beach Haven
609-492-4906

Beach Wheels

Beach Wheels are chairs that enable people, who are disabled, injured, or have a hard time walking, to enjoy the beach.

Call to reserve a chair:

Barnegat Light 609-494-9196

Beach Haven 609-492-0111

Harvey Cedars 609-494-2843

Long Beach Twp. 609-361-1200

Ship Bottom 609-494-2171

Surf City 609-494-3064

A list of handicap ramps can be found at:
www.njlbi.com/lbibeachguide/handicapramps.html

Community Services

St. Francis Community Center

4700 Long Beach Blvd., Brant Beach
609-494-8861

www.stfranciscenterlbi.org

Children's and Senior Services,
Family Support, Pool and Fitness Activities

Veterinarians

Stafford Veterinary Hospital

211 N Main Street, Route 9, Manahawkin
609-597-7571, 609-489-5597

Banfield, The Pet Hospital (PetSmart)

219 Stafford Park Blvd., Manahawkin
609-978-5005

Barnegat Animal Clinic

530 North Main Street, Barnegat
609-698-2141

Veterinary Associates

655 Rt.72 Suite 3, Manahawkin
609-597-0080

Other Resources

Tick Identification

Rutgers Cooperative Extension
1623 Whitesville Road, Toms River
732-349-1246

New Jersey Quitline: 1-866-NJSTOPS
NJ prohibits smoking in indoor public places.

Alcoholics Anonymous

609-641-8855
24 Hour Hotline 1-800-604-HELP(4357)